



# Year 1 PSHE - Relationships

**Big question**  
How can we make healthy relationships with others?

### Puzzle Outcomes

- I know that everyone's family is different and can express how it feels to be part of a family and to care for family members.
- I know how to make a good friend and what being a good friend means.
- I know the characteristics of healthy and safe friends and can show skills of friendship.
- I can understand that physical contact can be made as part of a greeting, and I can say no to physical contact that I don't like.
- I know about different people in the school community and how they help.
- I can recognise some of my personal qualities and praise myself and others.
- I can tell you who to ask for help in the school community.

### Reflective Questions

- ☉ Who is in your family?
- ☉ Do your friends have a family that is different to yours?
- ☉ What does being a good friend mean?
- ☉ Who can you ask for help at school?
- ☉ Can you say what you are grateful for?

### What Makes Our School Great?

As good citizens it is important for us to understand how being part of a family and community makes us feel a sense of belonging.

We need to make sure that our relationships are healthy and safe is very important.

### Jigsaw Learning Charter



### Key Vocabulary

Appreciate	Recognise the worth of something.
Belong	To feel happy or comfortable in a situation.
Caring	A kind person.
Celebrate	To express admiration and approval for something.
Community	People living in a particular area joined by similar interests or social situations.
Different	Not the same.
Greeting	Something friendly or polite that you do when you meet someone.
Praise	To give or show appreciation/recognition of something or someone.
Proud	Feeling pleasure or satisfaction because you have achieved something or done something good.
Qualities	A feature of something or someone.
Self-belief	Trust in your own abilities.
Sharing	If two or more people divide something to do or have between them.
Special	Unusually great or important.

