

Year 6 PE Spring 2 : Dance

In this Unit

You will focus on developing an idea or theme into dance choreography. You will work in pairs and groups using different choreographing tools to create dances e.g. formations, timing, dynamics. You will have opportunities to choreograph, perform and provide feedback on dance. You think about how to use movement to convey ideas, emotions, feelings and characters. You will show an awareness of keeping others safe and will have the opportunity to lead others through short warm ups.

Bhangra Dance

Key Vocabulary

Stimulus - a stimulus is a thing or event that inspires action, feeling, or thought.

Choreographers- (people who make up dances) sometimes don't perform to music.

Aesthetics - Aesthetics refers to the quality of a dance performance in relation to its intended effect.

Bhangra- is the traditional dance of Punjab in India. It originated with farmers as a folk dance celebrating the time of the harvest. Bhangra is traditionally danced to the dhol drum and has a very energetic and lively tone. It is often danced in circles and uses a lot of arm and shoulder movement.

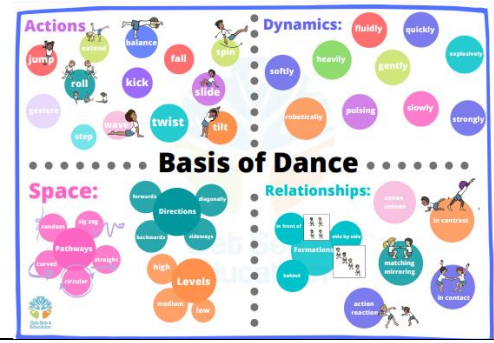


Objectives

- Social: To work collaboratively with others to choreograph our ideas.
- Emotional: To be confident to perform in front of others.
- Thinking: To identify what went well in my performance and what you could do to improve.

Key Skills

- Physical: actions, dynamics, space, relationships
- Social: share ideas, collaboration, support, communication, inclusion, respect, leadership
- Emotional: confidence, self-regulation, perseverance, determination, integrity, empathy
- Thinking: creativity, observation, provide feedback, comprehension, use feedback to improve, select and apply skills



Thinking Skills



At the end of the unit you should be able to :

Use loud confident actions to create the music in your performance

Use counts of 8 to help you stay in time with each other.

Consider dynamics and facial expressions.

