

## **Policy on Relationship and Sex Education**

Our Motto: Aim High, Learn Together, Feel Proud!

### **1 Introduction**

- 1.1 Our school's policy on relationship and sex education is based on the DfES document 'Sex and Relationship Education Guidance' . We recognise 'Relationship and Sex Education' as the policy's full title, but, for brevity's sake, we will refer in the rest of this policy simply to 'relationship education'.
- 1.2 In the DfES document, sex education is defined as 'learning about physical, moral and emotional development'. The guidance states, 'It is about understanding the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality, and sexual health'.
- 1.3 Relationship and Sex education is part of the personal, social and health education (PSHE) curriculum in our school. When we inform our pupils through relationship education about sexual issues, we do this with regard to morality and individual responsibility, and in a way that allows children to ask and explore moral questions. We do not use relationship education as a means of promoting any form of sexual orientation.

### **2 Aims and objectives**

- 2.1 We teach children about:
  - the physical development of their bodies as they grow into adults;
  - the way humans reproduce;
  - respect for their own bodies and the importance of sexual activity as part of a committed, long-term, and loving relationship;
  - the importance of family life;
  - moral questions;
  - relationship issues;
  - respect for the views of other people;
  - sexual abuse, and what they should do if they are worried about any sexual matters.

### **3 Context**

- 3.1 We teach about relationships in the context of the school's aims and values (see the values statement in the Curriculum Policy). While relationship education in our school means that we give children information about sexual behaviour, we do this with an awareness of the moral code, and of the values which underpin all our work. We teach sex education on the understanding that:
  - it is taught in the context of marriage and family life;
  - it is part of a wider process of social, personal, spiritual and moral education;
  - children should be taught to have respect for their own bodies;
  - children should learn about their responsibilities to others, and be aware of the consequences of sexual activity;
  - it is important to build positive relationships with others, involving trust and respect;
  - children need to learn the importance of self-control.

#### **4 The National Healthy School Standard**

4.1 We now participate in the National Healthy School Standard scheme, which promotes health education. As participants in this scheme, we:

- consult with parents and carers on all matters of health education policy;
- train all our teachers to teach about relationships and sex;
- listen to the views of the children in our school regarding relationship education;
- look positively at any local initiatives that support us in providing the best relationship education programme that we can devise.

#### **5 Organisation**

5.1 We teach about relationships through different aspects of the curriculum. While we carry out the main education in our personal, social and health education (PSHE) curriculum, we also do some education through other subject areas (e.g. science and PE) which we believe contribute significantly to children's knowledge and understanding of their own bodies, and how they are changing and developing.

5.2 In PSHE, we teach children about relationships, and we encourage children to discuss issues. We teach about the parts of the body, and how these work, and we explain to the children what will happen to their bodies during puberty. For example, we teach the children that boys' voices will change during puberty, and we explain menstruation to both boys and girls. We encourage the children to ask for help if they need it.

5.3 In science lessons, in both Key Stages, teachers inform children about puberty and how a baby is born. For this aspect of our teaching, we follow the guidance material in the national scheme of work for science. In Key Stage 1, we teach children about how animals, including humans, move, feed, grow and reproduce, and we also teach them about the main parts of the body. Children learn to appreciate the fact that people are not all the same, and that we need to respect each other. In Key Stage 2, we teach about life processes, and the main stages of the human life cycle, in greater depth.

5.4 In Year 6, we place a particular emphasis on health education, as many children experience puberty at this age. We liaise with the Local Health Authority about suitable teaching materials to use with our children in these lessons. Teachers do their best to answer all questions with sensitivity and care. By the end of Key Stage 2, we ensure that both boys and girls know how babies are born, how children's bodies change during puberty, what menstruation is, and how it affects women. We always teach this with due regard for the emotional development of the children.

5.5 We arrange a meeting for all parents and carers of children in Year 6 to discuss this particular programme of lessons, to explain what the issues are, and how they are taught, and to see the materials the school uses in its teaching.

#### **6 The role of parents and carers**

6.1 The school is well aware that the primary role in children's relationship and sex education lies with parents and carers. We therefore wish to build a positive and supporting relationship with the parents and carers of children at our school, through mutual understanding, trust and cooperation. To promote this objective, we:

- inform parents and carers about the school's relationship education policy and practice;

- answer any questions that parents or carers may have about the education of their child;
- take seriously any issue that parents or carers raise with teachers or governors about this policy, or about the arrangements for relationship education in the school;
- encourage parents and carers to be involved in reviewing the school policy, and making modifications to it as necessary;
- inform parents and carers about the best practice known with regard to relationship education, so that the teaching in school supports the key messages that parents and carers give to children at home.

We believe that through this mutual exchange of knowledge and information, children will benefit from being given consistent messages about their changing bodies and their increasing responsibilities.

- 6.2 Parents and carers have the right to withdraw their child from parts of the sex education programme that we teach in our school which relate to 'relationships' and are not part of the National Curriculum Science orders. If a parent wishes their child to be withdrawn from these lessons, they should discuss this with the headteacher, and make it clear which aspects of the programme they do not wish their child to participate in. All schools must teach the following parts of the National Curriculum Science Orders, parents do not have the right to withdraw their child.

## National Curriculum Science

### Key Stage 1

- identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense
- notice that animals, including humans, have offspring which grow into adults

### Key Stage 2

- describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird
- describe the life process of reproduction in some plants and animals
- describe the changes as humans develop to old age
- recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents

## **7 The role of other members of the community**

- 7.1 We encourage other valued members of the community to work with us to provide advice and support to the children with regard to health education. In particular, members of the Local Health Authority, such as the school nurse and other health professionals, give us

valuable support with our relationship education programme. Other people that we call on include local clergy, social workers and youth workers.

## **8 Confidentiality**

- 8.1 Teachers conduct relationship education lessons in a sensitive manner, and in confidence. However, if a child makes a reference to being involved (or being likely to be involved) in sexual activity, then the teacher will take the reference seriously, and deal with it as a matter of child protection. Teachers will respond in a similar way if a child indicates that they may have been a victim of abuse. They will not try to investigate, but will immediately inform the named person for child protection issues about their concerns. The headteacher will then deal with the matter in consultation with health care professionals (see also our policy on Child Protection).

## **9 The role of the headteacher**

- 9.1 It is the responsibility of the headteacher to ensure that both staff and parents/carers are informed about our relationship and sex education policy, and that the policy is implemented effectively. It is also the headteacher's responsibility to ensure that members of staff are given sufficient training, so that they can teach about relationships effectively, and handle any difficult issues with sensitivity.
- 9.2 The headteacher liaises with external agencies regarding the school relationship education programme, and ensures that all adults who work with our children on these issues are aware of the school policy, and work within its framework.
- 9.3 The headteacher monitors this policy on a regular basis, and reports to governors, when requested, on the effectiveness of the policy.

## **10 Monitoring and review**

- 10.1 The Curriculum Committee of the governing body monitors the impact of our relationship and sex education policy on an annual basis. This committee reports its findings and recommendations to the full governing body, as necessary, if the policy needs modification. The Executive Committee gives serious consideration to any comments from parents and carers about the relationship education programme, and makes a record of all such comments. Governors require the headteacher to keep a written record, giving details of the content and delivery of our sex education programme.
- 10.2 This policy will be reviewed every two years, or earlier if necessary.

Reviewed: October 2022

Review Due: October 2024