

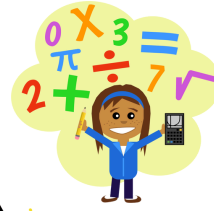


An Award Winning School

*A Maths Mastery School*

# Newsletter

Friday 27 June, 2025



## Super star learners

Class	Pupil name
Snowy	Olivia
Heron	Arsalan
Peacock	Darren
Magpie	Alesha
Hawk	Arisha
Kestrel	Vaneet

## Attendance Ted

Well done Peacock class who have achieved best overall attendance.

## Birthday Book

We would like to say a big **'Happy Birthday'** to Ayaan (Nursery) and Parneet (Kingfisher class).

**'Thank You'** to those children and families who have donated a book to the school to celebrate pupil birthdays; the children love to share them with their class. If you would like to donate a book for your child's birthday, please see the office for a book label.



## Open Evening

Tuesday 8th July, 5pm until 6:30pm. Come along and see your child's work, tour the school and meet the teachers. We look forward to seeing you all there. No booking necessary. You can view their current work as well as go and see their next class teacher for September 2025.



## ☀️ Summer Fair – Donation Request ☀️ ( Friday 11th July 2pm to 4pm)

We're getting ready for our exciting Summer Fair and would greatly appreciate your support through donations!

We're kindly asking for the following items:

### 🎁 Tombola Stall Donations

- Unwanted gifts
- Toiletries, perfumes, gift sets, etc.

### 🧸 Toys

- Good quality toys only (please ensure no missing or broken parts)

### 📖 Books

- Gently used, free from scribbles or damage

### 🥤 Drinks & Snacks Stall

- Bottled water
- Crisps and biscuits
- Cakes – shop-bought or homemade (please include a full list of ingredients with homemade cakes)

*Please note: we are a **nut-free school**.*

### 🥟 Finger Food for the Fair Morning on Friday 11th July 2025.

If any parents would like to drop off **samosas or other finger foods** on the morning of the Fair, it would be greatly appreciated!

Thank you all in advance for your generosity and continued support – we couldn't do it without you!

**Alcohol  
Awareness  
Week**

**Alcohol Awareness Week**

**7<sup>th</sup>-13<sup>th</sup> July 2025**

Around 10 million of us are regularly drinking alcohol in ways that can harm our health and wellbeing. Alcohol is the biggest risk factor for death, ill-health, and disability among 15-49 year-olds in the UK.

Harmful drinking can cause significant issues not only for the alcohol user, but also for members of their family. This can appear in the form of health problems, financial worries, relationship breakdown and parenting difficulties.

More than 220,000 children in England live in a household with an adult who is alcohol dependent and who may need specialist treatment, and estimates show that the number living with someone who is drinking harmfully could be much higher.

Did you know...?

- It takes the average adult one hour to process one unit of alcohol.
- Alcohol may help you drop off to sleep but it lowers the quality of your sleep.
- Alcohol has almost the same calories per gram than pure fat. Also, calories in alcohol are considered 'empty' calories, as they don't provide any nutrients.

The UK's Chief Medical Officers say that an alcohol-free childhood is best. That means no alcohol until at least 15 years of age; only very small amounts between the ages of 15 and 18, and never more than once a week. The main reason for this is that young people's bodies are continuing to grow and change, and so alcohol can cause serious and long-lasting damage.

[www.alcoholchange.org.uk/alcohol-facts/fact-sheets](http://www.alcoholchange.org.uk/alcohol-facts/fact-sheets)

[www.drinkaware.co.uk](http://www.drinkaware.co.uk)

[www.hounslow.gov.uk/info/20049/health\\_and\\_well\\_being/1219/alcohol\\_and\\_drug\\_misuse](http://www.hounslow.gov.uk/info/20049/health_and_well_being/1219/alcohol_and_drug_misuse) - local support

[www.nacoa.org.uk](http://www.nacoa.org.uk) 0800 358 3456

[helpline@nacoa.org.uk](mailto:helpline@nacoa.org.uk) - supports anyone affected by their parent(s) drinking, including adults.

[www.al-anonuk.org.uk](http://www.al-anonuk.org.uk) - provides support to anyone whose life is, or has been, affected by someone else's drinking.



Young people in Hounslow can text a school nurse for confidential advice and support:

**07507 333176**

Learn more at: [bit.ly/ChatHealthPrivacy](https://bit.ly/ChatHealthPrivacy)

**Support is Available**

Parents and carers if you would like further help or support for your child or teenager, Send a message to:

**07312 263 080**

Receive an answer within one working day from a qualified school nurse. Monday to Friday, 9am-4.30pm.





## 2 Year Olds - Please start applying

From September 2025 we will be extending our Early Years provision to include 2 year olds. To register you will need to complete our application form which can be found on our website.

[www.westbrookprimary.com](http://www.westbrookprimary.com)



## Dinosaur Workshop

Reception classes had a Dinosaur Workshop this Friday. The topic was **Our Life Long Ago** and the workshop brought prehistoric life into the school. The children became palaeontologists and discovered fossils and learnt about how each dinosaur lived, where they came from, what they ate and much more!



## Instrument Lessons

Sing Education has spaces available for small group and individual instrument lessons at Westbrook.

If you are interested in your child learning the guitar, keyboard, violin or singing, then please get in touch and sign your child up.

Selecting our school and the instruments on offer is easy to do, simply visit

[www.singeducation.co.uk/signup](http://www.singeducation.co.uk/signup)

Sing Education will contact you with more information and look to schedule you in.

Lessons are 30 mins per week and cost £8 for small group lessons, [£19.50 for 1-1 individual] and take place during the school day.

Music lessons can really help with a child's learning, here is a short video and a flyer:

<https://youtu.be/Tfd2K1UwS5E>



## Diary of dates

Date	Day	Event	Time
1st July	Tuesday	Yr6 spend the day at their Secondary School (y6 Secondary Transfer Day)	All day
4th July	Friday	Tawn Owl Class Assembly	9am
8th July	Tuesday	Open Evening - collect reports and tour the school	5pm to 6:30pm
11th July	Friday	School Summer Fair	2pm to 4pm
18th July	Friday	School closes for the summer holidays	1:30pm

[Read more on our website](#)

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